

UWD Newsletter



Above: Teacher Bianca opening some of the many presents she received to prepare for baby #2's arrival.

A staff meeting with a twist

The mother-to-be sat by the open garage gate, we maintained our meter and a half distance, had our sanitizer ready and our masks at hand. Because we thought, why not combine a baby shower during these morbid lockdown times with our staff meeting? And it was

brilliant! It almost felt like the old normal.

Bianca appreciated every gift, voucher and cash blessing, helping her, hubby Ryan and big sister Emma, to ready themselves even better for Baby Boy Burns.

SPECIAL EVENTS COMING UP:

- Cycle Tour – 17-18 October 2020
- Car Boot sale – Third term
- Christmas Night market – 27 November 2020

School fee sponsorship needed

There are a few students at Up with Downs who, without school fee sponsorship, would be unable to attend our facility. Some families are single parents and have other children to take care of.

Each year we try to assist these families so that their special needs child does not end up sitting in front of the TV at home, or worse still, on the streets with no supervision.

If you can help or know of a business/person that would be interested in helping with this project, please contact the school office for more details.

Special announcement:
Ethan Grayson Burns was born on the 1st of June 2020

Lockdown birthdays!



Left:
Princess
Annika turned
23. Here she is
in bed,
perusing her
fan mail on her
special day.

Far left: Landi
enjoying a
sunny autumn
day as well as
some birthday
treats on her
special day.



Left: Dame
Inari, in
proper lady-
like fashion,
appreciating
a spot of
morning tea
on her big
day.

Right: Lively
Alet chilling
with her
family on her
big day –
celebrating
21 wonderful
years!



Lockdown birthdays continue!



Above: Not many things more exciting than birthday candles – Calynn about to blow her candles out on her 26th birthday.



Above: Jaco celebrated his 22nd in true South African style – with a braai! Jaco pictured here with his mother, Eirina.



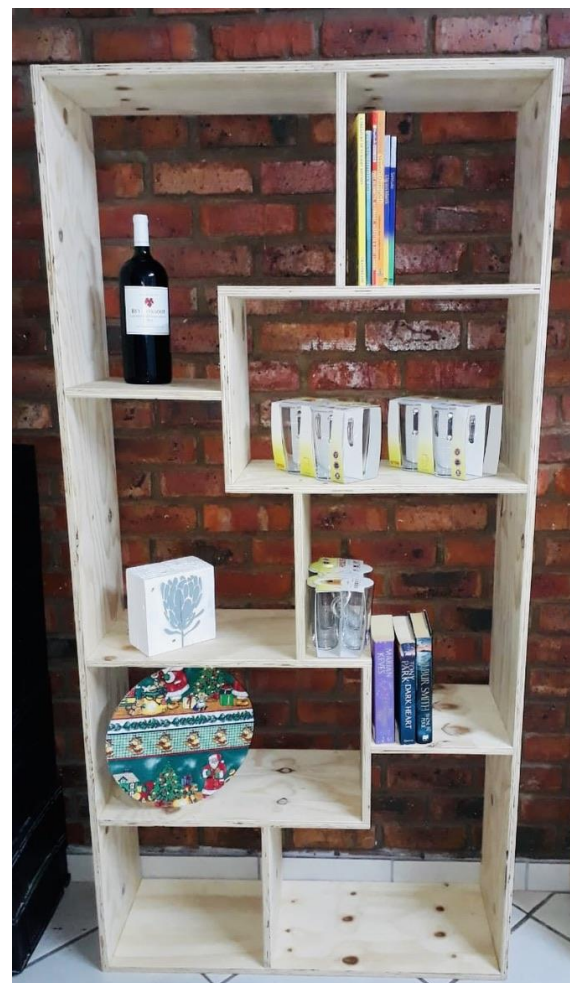
Left:
Henri loves all sorts of machinery, helicopters being one of his all-time favourites. Therefore, this birthday had to be one of the best. Happy 16th birthday Henri!

Wonderful, hand crafted woodwork for sale!

The adults at the Training Centre are pleased to show off some of their woodwork creations, pictured below and on the right. Please have a look at our Facebook page for more wooden creations including garden benches, etc.

Please support us and purchase yours today!

Custom orders also welcome. Please contact Michel at 082 928 3295 to order or for more information.



2020 Wine Auction cancelled

It is with very heavy hearts that we have had to cancel our biggest fundraiser of the year – our fabulous wine auction.

Currently we are looking at other options. These include an online auction or the possibility of having a smaller auction later in the year that will comply with the relevant Covid19 regulations.

Please keep an eye on our Facebook page and website for developments around this.

New floor for the Life Skills Centre



Lockdown was a good time to resurface the floor in the Life Skills Centre. The durable vinyl tiles in calming hues make for a great upgrade.

An opportunity too, to de clutter and prepare the classrooms for the learners to return after a very long break.

We trust the Yellow and Purple classes will enjoy this upgrade.

Keeping busy during lockdown



Anti-clockwise:

Jens, not only working on that impressive beard of his, but also this enormous puzzle with the help of his family.

Sarah-Lee enjoying the blue skies and winter sun on a walk.

Henri, yes you've guessed right, making a helicopter with his dad, Jacques.



Cycle Tour 2020

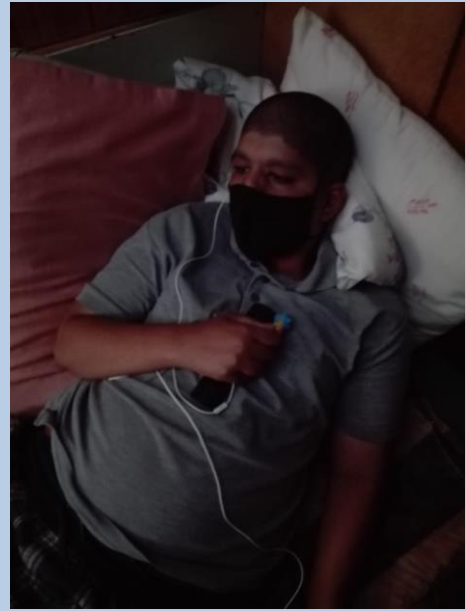
It is in absolute faith that we opened the entries to our Cycle Tour on the 1st of June. This tour will be our third one and it has grown in number and popularity.

This year we will once again cycle up the historic Montagu Pass, through the awe-inspiring Klein Karoo, to Louvain, and back to George the next day. Our aim will be to bring you waterpoints like you haven't seen before!

We would like to point out that the focus here is on tour – a relaxed ride with friends, enjoying each other's company, the views and fresh air. E-bikes are therefore more than welcome.

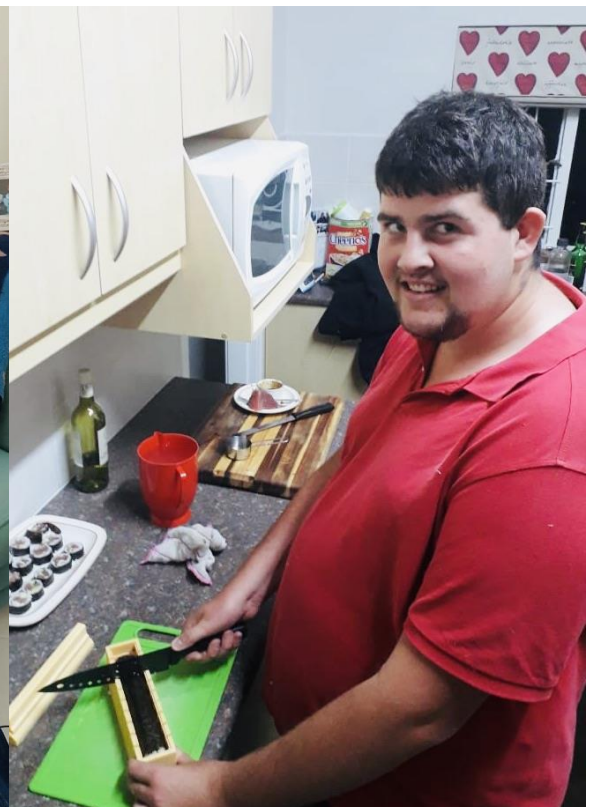
Entries can be done online through Entry Ninja, via email at upwithdowns@mweb.co.za or phone 072 563 1983 for more information. If you are a business owner and would like to set up and run a waterpoint that will blow the cyclists minds, please contact the office (details as per above).

Prepping for lockdown level 3 regulations



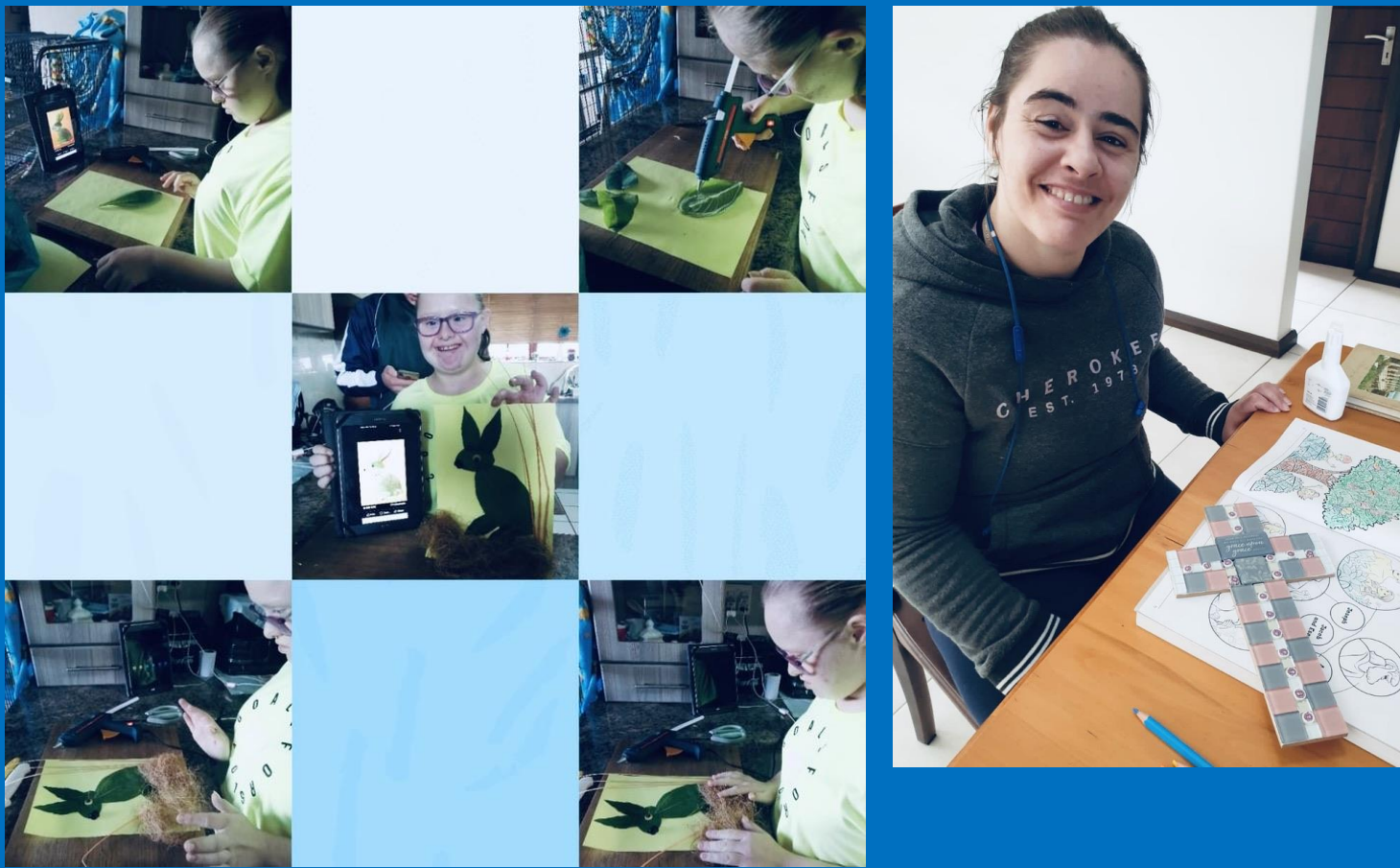
Above left: Hannes learning the hard way that this mask wearing business when wearing glasses can be complicated. Above right: Yuriel, keeping busy with his favourite past time, listening to music, whilst getting used to wearing his mask.

Cooking has been a firm favourite amongst the adults

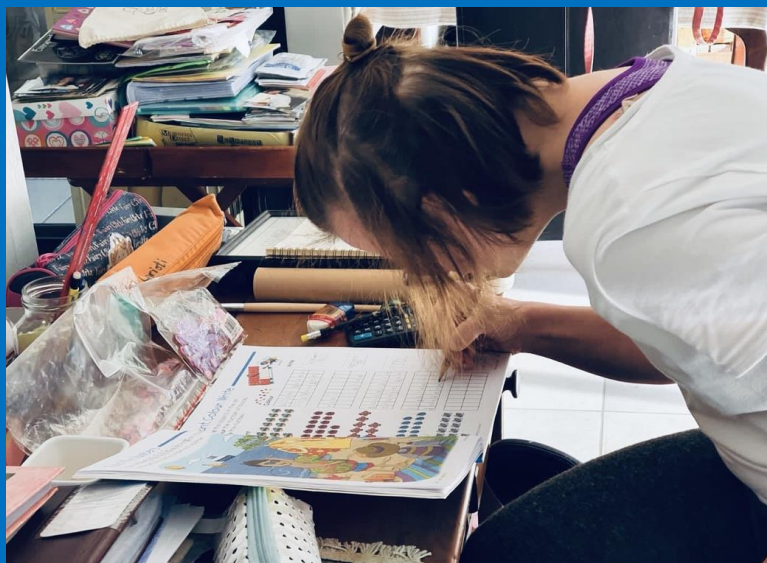


From left to right: Jaco making pancakes; JJ trying his hand at some delicious fritters; if your favourite sushi spot is under lockdown and you are Troy, you make a plan!

Arts and crafts and all sorts ...



Clockwise from above: Annika successfully completing one of the adult tasks; Christi busying herself with some academic work; sensible Sam is prepping for those colder nights approaching, making herself some winter pajama bottoms; Annelize keeping busy with her beautiful and creative mosaic work.



Arts and crafts and all sorts continue



Clockwise from the top:
Janie taking a break from all these lockdown rules and regulations;
Sam and JJ enjoying some quality family time with mom Lisanne;
Warrick contemplating the age-old philosophical question of who came first – the chicken?
Marne showing off her loot after completing a successful scavenger hunt.

